



## ***Stripes & Flowers Table Runner***

By Tricia Mathis

### **Materials Needed:**

4 fat quarters  
1/4 yard fabric for binding  
1 yard fabric for backing  
Batting  
Coordinating thread

### **Directions:**

1. Cut two 18" x 7" in. pieces out of each fat quarter (you will have eight in all.) There will be some left over to use for the appliquéd flowers.
2. Arrange rectangles and sew together on the 18" side in the order you choose. Background will measure 53" x 18".
3. Now, appliqué the flowers, as shown in picture, using the appliqué method of your choice. Draw your own flower pattern or use one of the attached examples.
4. Quilt and bind as desired. Enjoy!!







